

THE ECO HERO WORKSHEET

Ages 4–8 | Let's Help Our Planet!

Name: _____

Date: _____

1. What Belongs in the Bin?

Draw a line from each item to the best choice.

 Banana peel →  Organic Waste

 Newspaper →  Paper

 Plastic bottle →  Plastic

 Old computer →  E-Waste

Can you draw one more item for each bin?

 Organic: _____

 Paper: _____

 Plastic: _____

● E-Waste: _____

♻️ 2. Reduce, Reuse or Recycle?

Circle the best answer.

A. I use my water bottle again instead of buying a new plastic bottle.

REDUCE / REUSE / RECYCLE

B. I put an empty plastic bottle in the recycling bin.

REDUCE / REUSE / RECYCLE

C. I choose not to use a plastic straw when I don't need one.

REDUCE / REUSE / RECYCLE

🕵️ 3. Become a Waste Detective!

Look around your home or classroom. Find:

☐ Something made of paper

☐ Something made of plastic

☐ Something that can be reused

☐ Something that can be recycled

☐ Something that is food/organic waste

Draw your favourite discovery here:

DRAW HERE

A large rectangular box for drawing, with vertical lines on the left side. The box is defined by a horizontal line at the top and bottom, and a vertical line on the right. On the left side, there are several vertical lines of varying heights, resembling a staircase or a series of steps.

4. Help the Earth!

Put a ☆ beside the things an Eco Hero should do.

☐ Throw rubbish on the ground

☐ Plant a tree 

☐ Reuse a bag 

☐ Leave the water running 

☐ Pick up litter 

☐ Waste lots of food 

☐ Recycle correctly 

☐ Protect animals 

5. Design Your Eco Hero!

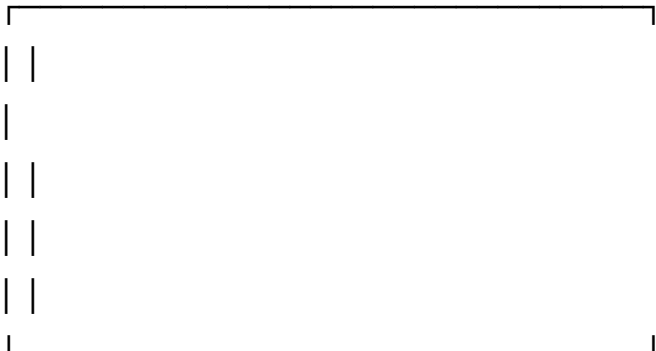
What does YOUR Eco Hero do to help the planet?

Draw your Eco Hero below and give them a name!

My Eco Hero's name: _____

My Eco Hero helps the planet by:

DRAW YOUR ECO HERO |



★ MY ECO HERO PROMISE

I promise to:

- ☐ Reduce waste
- ☐ Reuse things when I can
- ☐ Recycle correctly
- ☐ Keep my community clean
- ☐ Save water
- ☐ Protect plants and animals

👋 My Eco Hero Promise:

I will help take care of our beautiful planet! 🌍💚

Signature: _____

👤👨🏫 Parent/Teacher Challenge

Eco Mission: Ask the child to find 5 pieces of waste at home or school and decide whether each one should be reduced, reused, recycled, composted, or disposed of properly.

This works especially well with Goby the Gobbling Green Bin Game, The Eco Music and your Learn Recycling the Fun Way course. It can become a “Junior Waste Detective” activity sheet for your family. Family fun has a new meaning.